

# *The Ten Commandments Part II*

## *Practical Plan for World Peace*

by Jon Quinn

You can read the entire text of this book at my Web site:  
w [www.DivinePrinciple.com](http://www.DivinePrinciple.com)

## FIRST BLESSING

### CHAPTER ONE

#### 100% PURITY

The first commandment we need to live is to be absolutely sexually pure. To restore the Fall of Man we value virginity before marriage and fidelity after marriage. We support the crusade for abstinence and fight Hollywood's crusade for pre-marital sex. Father says we should "teach youth to keep their purity before marriage and, when they reach adulthood, to marry under the Blessing of God" and "pledge to their spouse that they will maintain absolute trust and fidelity as husband and wife" (10-20-01). In the *Old Testament* Moses said God revealed to him in the Ten Commandments "You shall not commit adultery." In the *New Testament* Jesus taught that if a man lusts for a woman he is committing adultery: "You have heard that it was said, 'Do not commit adultery.' But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart" (Matthew 5:27-28). In the *Completed Testament* Father teaches "Absolute Sex." He says:

Then, what did God expect from Adam and Eve? God expected absolute sex from them. (8-1-96)

Absolute Sex is centered on God, and free sex is centered on Satan. (12-19-90)

If the reproductive organs are this important, to whom do they belong? A wife's reproductive organ belongs to her husband, and a husband's belongs to his wife. In this circumstance, a person's reproductive organ can be unlocked by one key and one key only. Under no circumstances should you make a spare key. This absolutely cannot be permitted. The wrongful use of this key leads to the destruction of the family and the nation. (5-8-01)

In God's ideal there is no concept of free sex. Only an absolute, eternal sex concept. Unchanging and unique sex concept. This way leads to the Kingdom of Heaven on Earth. This is a most logical conclusion. Therefore, be very careful regarding your love organ. Never allow yourselves to be seduced by this satanic secular world. The fallen love practiced in this secular world is very dirty. Is this clear? (Yes.) Your sexual organ exists for the sake of your True Love partner. Not for anyone else.

Only the Unification Church is able to provide this ultimate truth to humankind. We are the ones who can consolidate and unify this entire world regardless of race, religion and nationality and build an ideal world under God. Therefore, we should have pride and continue to strive toward reaching that goal. (5-26-96)

Convex and Concave

Do you need your absolute partner? [Yes!] God created women with a concave form and men with a convex form, so they will fit together to make a perfect unity. That is how God created man and woman. Once the union is made, it is unchangeable. That is God's formula. But look at the situation in America, where marriages are breaking up. American people are heading to the dungeon of hell. Can you deny that? My teaching is right and should be accepted by everyone. Despite that, the world has tried every possible way to persecute me. I have become the most fearful figure in America and in the world.

You Americans, do you have something to be proud of? Americans are on the brink of falling down to the dungeon of hell. Who can change that? Only Father Moon and the Unification Church. Nobody else can. Who can save the world and liberate it from free sex, homosexuality, drug abuse, lesbianism and frenzied dancing? [Father.] Only God. All of these are on the opposite side of God. Only God can break this pattern and change things. Who can save the people of the world? Not America. Unification members, representing the people of the world, can lift up the world.

Before free sex and similar phenomena took place, you recall the streaking fad—naked people running around. When they got naked and saw no distinction between man and woman, they said, "We are all friends." That developed into the practice of free sex. As friends, there is no distinction between the different sexes, so they could see no difference between man and woman, woman and man, woman and woman, or man and man kissing and sleeping together. "What's so bad about it?" they asked. That's their attitude. They called themselves friends while sleeping together as man and woman. Do you call that friendship? Just because they join concave and convex shapes together, is it a true relationship? That's the way of Satan, because Satan denies the right of possession. (4-23-95)

The practice of free sex creates incredible confusion and destruction within human beings. This kind of evil practice did not come about by chance. There is an evil force behind it all. If Satan advocates the practice of free sex we can be sure that God advocates absolute sex. This means one eternal partner. Never two.

Satan's goal is to destroy this world, the world which God created in order to fulfill the ideal of love. That is why a confrontation between free sex and absolute sex exists. In the world of absolute sex our love partner is our absolute partner. Where did the concept of homosexuals and lesbians come from? Even insects and animals do not practice homosexuality. However, human beings, who were created as the highest beings in God's creation, dare to practice such evil. (6-23-96)

True Parents appear only once in history, to clearly explain its course, direction and result. Only one time in history will True Parents appear, creating a clear starting point, establishing a clear direction, and producing clear results.

When I accomplish world unification, false concepts will be erased. (4-23-95)

Those who are single must be resolved not to be stained. Keep your virginity pure. Can you make love without God's permission, knowing all these things? Everything must be motivated by God. That is how God created man, centered on love. If you have that in mind you will realize how precious love is. And we must be loving in that way. (1-2-72)

Blessed Couples have sex only with each other forever. Blessed widows or widowers are celibate for life. Father says, "How many husbands would you want, one or two or more? What happens if your one and only husband dies? Then you will live by yourself until you get to spirit world also." (4-22-79)

If a Blessed couple does not have children and one of them divorces then the other can remarry. But if a Blessed Couple has one or more children and one of them becomes possessed to get a divorce, the other spouse should not remarry no matter how long they have to live a celibate life and no matter how lonely they may feel. Children should not have to deal with the confusing relationships in blended families with step-parents. The fewer half-brothers and half-sisters and step-parents children have the better. It is best if they had none. Father says:

In God's ideal there is only one father and one mother. In this world of Satan there are many different mothers and fathers in one family. This is miserable for the children. (4-18-96)

True love requires total devotion, total love and total giving to only one mate. (6-20-82)

“Why does the woman have the womb. For the sake of receiving the seed. Then to have the baby. Only when man puts the seed in the mother’s womb can life come about. Man’s responsibility is to give the seed to the woman. The key to a woman’s womb should only be held by the one husband. Absolutely, only one.” (4-23-00)

Sometimes American young people run away from home because they are longing for unchanging parental love and they aren’t receiving it from their parents. True love never changes, so any parent who cares for his children always loves them, no matter what tragedy overwhelms their home. Even if the father dies, the mother has a strong urge to live in order to keep loving her children. Any woman who just wants to re-marry and doesn’t care about how her children feel will have nothing left, either love of her children or her husband. Children in that situation feel left out and cold when they are at home, and they usually go their own way. But children whose mother is still devoted and loving them more than ever, even after the father dies, will be completely devoted to her and never betray her expectations.

Even though her husband is dead, that woman is not losing anything. More than ever her children will reciprocate the love she is giving them. The more she devotes herself to her children, the more they will return love that is even greater than their father’s when they grow up, knowing she dedicated her life to them. Then the vertical love between a mother and son is more beautiful than the love between the husband and wife. The same is true for man. If the mother dies then the father can find tremendous beauty and value in loving his children. (5-26-79)

Let’s say a Blessed man or woman has children and divorces and remarries. He or she is condemning the other to a life of celibacy. The children see this and the world sees this. Hopefully, the traitor will see the hurt he or she is causing and return to the family. By staying celibate for life that person will also be a living example of the consequences of breaking the sacred vows made at a Blessing.

The *New Testament* says that marital unfaithfulness is the only cause for a divorce. Blessed couples are given no cause for divorce. Couples who were married outside the blessing of True Parents can divorce because this is the providence of the Messiah. Good and evil history are transforming rapidly and the providence of the time allows for this kind of transitional change. Father says, “Parents must never divorce” (3-19-05). Blessed couples must understand that they live for their children, not themselves. Their children’s feelings come first, not theirs. Father says, “Once you are married, you cannot do whatever you like. You are to follow the destiny of your family at the risk of your life” (*Blessing and Ideal Family*). Children do not want Mommy and Daddy to divorce. Divorce shoots holes in their spirit and weakens them.

Men should not have female friends that they spend time alone with, talk to on the phone, write letters to or email. Men have men friends and women have women friends. This includes relatives who are not blood-related such as brother-in-laws and sister-in-laws. Older boys should not have relationships with girls. It is best to separate teenage boys and girls in school. They should not study and play games together. When Unificationists get together for picnics, socializing and educating young Unificationists at workshops we must separate teenage boys and girls. It would be best if retreats and workshops were not coed. Those who like to have retreats on a weekend to teach young Unificationists about the meaning of the Blessing and how to have a successful life and marriage and how to witness should have only sisters or only brothers attend. It is a distraction to mix teenage boys and girls together. They should live and learn in separate spheres. Young Unificationist brothers and sisters who are teenagers or older should not play and study together. They should always be separated so they never touch each other and never get to know each other and become friends. Father warns, “You cannot let boys and girls run freely together” (5-5-96). Men should be very careful in the workplace and make sure they are not alone with a woman in a room or car even if it is non-blood related family members like brother-in-laws and sister-in-laws.

Unificationists do not date other Unificationists or outside people or spend time alone with those of the opposite sex. There is to be absolutely no physical contact between single men and women in or out of our movement. They do not shake hands if they can get out of it. At hoon dok hae on January 12, 2005 Father told an elder who was with a group of young Unificationists, “make a special generation which have an absolute love standard.” He told these young Unificationists, “You have a big responsibility to thoroughly establish an absolute standard between man and woman. Don’t even shake hands.” Father says:

Father tells unmarried men and women not to shake hands if possible because the electricity of love flows through holding hands. The spark of love cuts a wound in the mind of the other person. The wound made by love cannot be healed with any medicine in this world.

In the Unification Church, we tell young boys and girls to not even shake hands. We must know that Satan is always spying on us and that this is the way Satan takes revenge.

Until the Blessing, the Unification Church members who are unmarried should not shake hands with each other. If we think of love in terms of electricity, if it is 100 volts, all 100 volts should fuse properly instead of becoming dimmed by something that short-circuits the electricity on its way. (*Blessing and Ideal Family*)

Do you think that you should give your first kiss to your eternal spouse or to some other playboy? (Spouse.) That is your original mind responding. Even holding hands and giving your heartistic embrace should be only for your first love. Pure gold will transmit electricity using every part of that gold. This is how pure men and women are possessing that same eternal value. (5-5-96)

If brothers cannot shake hands with sisters then they certainly cannot hug other single sisters with the exception of blood related females. Father speaks strongly against so much physical contact between the sexes that Satan has made fashionable, "It is the custom in America to greet each other with a hug or a kiss. When Father first came to America there were many women who tried to greet him in this way. Even in South America, that kind of phenomenon occurred. Father placed a boundary around him, so that within one meter no one can come close to him. It is very difficult actually. What kind of kissing custom is this? Does it originate from the Fall, or is it the original kissing custom which God gave to Adam and Eve? (After the Fall.) Therefore, Father wants to spit it out." (6-9-96)

Single people's matches are approved by their parents or if they do not have parents in the movement then they are approved by a blessed couple who knows and vouches for the single person.

Unificationists have peace of mind because they discipline their sexual organs. They do not have any sexual addictions such as pornography and fantasizing about someone other than their spouse. Father often speaks vividly and graphically about being strong when we are tempted. He says, "Some women tried to tempt me, even accusing me of not being a real man because I didn't respond." We need to be strong when tempted. Reading Father's words over and over helps us to become strong.

Here are a few examples from some speeches Father gave where he talks about being sexually tempted and how we must be strong and resist:

Sometimes you have to test yourself. Imagine yourself in certain situations. Imagine you are going to a dance where you are well dressed, looking your best and having an enchanting evening. Ask yourself, "Would I falter, or am I confident that I wouldn't?" You have to check yourself, "Am I going to fall if I go to this point or beyond this?" It is necessary to foresee possible future situations in order to test yourself.

I have done the same thing. I have often imagined difficult situations, saying, "What if, knowing what I know, I was cast into a room with hundreds of beautiful naked women. What would be my response? Is my organ going to be excited or not? Will it take a resting position or not?" In all seriousness, I have imagined such a thing. What if they represented the beauties of all different races, from East and West? The temptation would be very difficult, not easy. You can only imagine the degree of that temptation. (3-1-92)

...even if we were in a room with 100 naked beauties, we should control ourselves and not give in to temptation. (1-1-90)

If you brothers found the most beautiful woman in the world stark naked in your bed, what would you do? You would have to be like a eunuch, feeling completely neutral. (6-15-80)

Everything you do has consequences for good or evil. Let us say that a man of goodness is put into a room with a gorgeous beauty queen who is stark naked. A man of goodness can face that kind of situation without anything happening. That is because his way of thinking is, "How can I contribute to her well-being?" It is not, "How can I take advantage of her or use her?" He always thinks of how to serve others. Such an attitude is what we call true nobility. (3-11-84)

When a beautiful woman is sitting beside us, the conscience warns us not to touch her, but the body wants to touch and kiss her. The power of love has been demonstrated to be more powerful than the power of conscience. This kind of danger exists only temporarily. It is not a permanent state of affairs, because once men and women grow to perfection and are united with God's True Love, no power under the sun can break that. It would be impossible for men and women to be unfaithful to one another once they reach the complete dominion of God's love, because the body would not have that freedom. The mind would be

completely in control. If your discipline is such that your conscience wins over the dictates of your body, including the temptation of illicit love, then you shall win a ticket to heaven. (2-15-94)

The meaning of the human fall is contamination of the lineage. The misuse of the sexual organ created a false lineage. We should have confidence that "I have nothing to do with fallen Adam and Eve." How many times has True Father been tempted by many women. Do you women like Father? Love or like? True love? That is one man and one woman relationship. If there were no True Mother, then all of you could be in the position of candidate for his bride. American women are so aggressive and may try to kiss Father! In Japan and America intelligence organizations tried to trick Father by sending beautiful women to seduce True Father.

They reported that they had failed to seduce him. Have any of you heard True Father say, "Come on, let me kiss you." Nothing like that. There have been many occasions when True Father was in bed and beautiful women came to his bed and begged: "It takes only five minutes. If you don't do it, I will die." What would you do? True Father concentrated and nothing happened. (2-18-01)

Seduction is your worst enemy; turn yourselves off from it, even in your dreams. Western leaders, do you understand? [Yes.] You have to be able to control your sexual desire; even spiritually you may be tested. You have to be the king of controlling your love organ. My lifelong motto is: before trying to govern the world, first become the king of self-control. When I was a student in Japan, all kinds of temptations came. One woman came into my bedroom, naked, and said if you don't take five minutes to make love to me, I will kill myself before your eyes.

Go out and claim yourself as True Parents and do what God wants you to do. The people who tried to reach enlightenment failed because of the love temptation. I treat women as my daughter, grandmother, queen, aunt—always as a family relative. If you cannot control your sexual desire, tear your love organ off your body. Hundreds of my female followers wanted to live with me, without marrying, and I had to find an excuse (that would not destroy them). The love organ attached to your body does not belong to you. You are not the owner of it. (1-26-02)

Men, suppose that after you are blessed, the most beautiful woman happens to stand beside you. Do your eyes and five sensory organs turn to her? Do your hands try to hold her hand or body? There are a lot of beautiful women in the world. Don't try to get away from beauty; instead, you should train yourself so that your mind and body can ignore her attraction and you desire to touch your wife instead.

Women, suppose that after you are blessed, you happen to meet a handsome man on the street. Is your mind attracted to him? If so, you are a slut!

Your sexual organ is absolute. You have an absolute part, the palace of your sexual organ. Although it may not look that special, if the sexual organ is used wrongly, the world, history, family and everything is destroyed. Man's sexual organ is made to be erect vertically. Vertical! Man should remain faithful to his cause rather than to woman. Because Eve did not keep her chastity, she fell and seduced Adam. This is the very problem. You have to deny this.

Then what is marriage? Through marriage, a man and a woman, who are each half, combine their sexual organs and become completed. A man becomes perfect through a woman centering on love, and he makes a woman complete. Through true love, they become complete and fulfill the unity of love. Through the joining of their sexual organs, man's blood and woman's blood united in one melting pot. From that place sons and daughters are born. You should know that that place is more precious than children, spouse or God.

## ONE KEY, ONE LOCK

Because I talk like this, I seem to be a heretic! What is that place? It is more valuable than children, spouse and parents. Without that place, even parents, spouse and children are worthless. Because it is so valuable, you should tightly lock the door of your sexual organ so that nobody can see it. It is like a valuable treasure which you should preserve throughout your life. There are only two keys to the door: the wife keeps her husband's key, and the husband keeps his wife's key.

Are you women going to take the key of only one man? Free sex is when you take ten or 100 keys! An opened door through which everybody comes and goes incessantly is a door that has no lord. To act like a slut is to ruin your house of love. (1-1-97)

God knows what Satan wants. Through free sex, Satan wants to stop every last person from returning to God. In other words, Satan wants to destroy all humanity and create Hell on Earth. Is not the world in which we live today Hell on Earth? Therefore, we will find the road to Heaven by going 180 degrees opposite the direction of this Hell on Earth. When the Lord of the Second Advent comes, he will show us the 180 degrees opposite path, as a means to save the world and lead us to Heaven.

Then what is the road that is 180 degrees opposite the way of free sex? The path of free sex was laid because of the false parents. Therefore, True Parents have to come to straighten the wrong path. God cannot intervene. No authority nor any military, economic or political power can do it. It was caused by false parents. Therefore, it takes True Parents to cut it open with a scalpel. True Parents should operate with their scalpel; that is the only way humanity can be saved.

The one who sinned has to indemnify the sin. It was in the family that a false marriage took place which corrupted the lineage 180 degrees. Therefore, True Parents must come and bestow marriage that is in a direction 180 degrees opposite, in order to open the path to Heaven.

Then, what did God expect from Adam and Eve? God expected absolute sex from them. You world leaders gathered here tonight, please learn this truth and take it back to your countries. If you start a campaign to secure absolute sex in your country, your families and your nation will go straight to Heaven. When there is absolute sex, an absolute couple will emerge automatically. Words such as free sex, homosexual and lesbian will naturally disappear.

Father Moon has lived an entire life overcoming a suffering path in order to initiate this kind of movement worldwide. Now the time has come for Father Moon to trumpet the fanfare of victory and move the entire world. Therefore, I am grateful to God.

The family sets the cornerstone on the road to world peace. The family also can destroy that road. It was Adam's family in which the destruction of the foundation of human hope and happiness took place. Therefore, when we establish the Family Federation for World Peace and Unification, the road going 180 degrees opposite the direction of the satanic world will be open, and for this we cannot help but give thanks to God. Without following this road, there is no freedom, happiness or ideal!

I wish that you would center on the absolute sexual organ, unique sexual organ, unchanging sexual organ and eternal sexual organ, and use this as your foundation to pursue God. You should realize that this foundation should become the foundation of love, life, lineage and conscience. We also have to realize that the Kingdom of God on Earth and in Heaven will begin on this foundation.

When we are born as a man or woman, who is the owner of our sexual organ? Actually the owner of man's sexual organ is woman, and the owner of woman's sexual organ is man. We did not know that the sexual organ is owned by the opposite sex. This is a simple truth. We cannot deny this truth. Even after history progresses for thousands of years, this truth will not change.

Every man thinks his sexual organ belongs to himself, and each woman thinks her sexual organ is her own. That is why the world is perishing. Everyone is mistaken concerning ownership of the sexual organs.

Adam and Eve both erred by thinking their sexual organ was their own possession.

If all men and women admit that their sexual organ belongs to their spouse, we all would bow our heads and become humble when we receive our spouse's love. Love comes to you only from your partner. There is no love other than love for the sake of others. We must remember that we can find absolute love where we absolutely live for the sake of others. When you return home, you should expect to wage a war against the satanic world.

Wherever you may go, please try to spread Father Moon's message through television or other media. You will never perish. What force can turn around this world of Hell? It is impossible to achieve this unless our sexual organ is used in accordance with an absolute, unique, unchanging and eternal standard centering on God's true love which is absolute, unique, unchanging and eternal love. God is the original owner of the sexual organs.

Let us go forward all together for this common cause. Let us become the vanguard that will carry out God's true love. This is the very mission of the Family Federation for World Peace and Unification. Now, please go back to your homes and affirm with your spouses that your sexual organs are absolute, unique, unchanging and eternal. Proclaim that yours is truly your spouse's and what your spouse has protected so well until now is truly yours. And please pledge that you will live your life with gratitude and in eternal service to your spouse. In such families, God will dwell eternally and, centering upon them, the world-level family will begin to multiply. (8-1-96)

This is how the original sin, the root of all sin, came into existence. This is why it became necessary for human beings to find rebirth. Rebirth is necessary because the problem relates to lineage.

The Bible also depicts the archangel symbolically, as a serpent. Why is that? The serpent's tongue splits into two at the end, and so the serpent came to symbolize a person who uses his one mouth to say two completely different things, or a person who will use any means to accomplish his selfish purposes.

A man's reproductive organ is shaped like the head of a poisonous snake. It is always looking for a hole to slither into. A woman's reproductive organ is concave, like the wide-open mouth of a poisonous snake with fangs. Once this snake bites, poison quickly spreads through the body, bringing eternal death. Adultery does not just destroy the individual, but also the family, clan and nation. In the Garden of Eden, Satan defiled the chastity of youth. He is harvesting the fruit of that crime in the wave of immorality that is engulfing the world's youth in this time of the last days, when history reaches its conclusion. (2001 American Tour)

Lucifer was attracted to naked Eve. You must resist this temptation.

Imagine if you will, Adam as a young boy in the Garden of Eden, wild and running around investigating everything and leaving Eve by herself. They were both naked and unashamed originally. As Eve's body was maturing, suddenly the archangel approached her with an evil intent in his heart. Sometimes Eve would sit in the lap of the archangel and their sexual organs would be quite close to one another. They were accustomed to seeing the animals around them mating and caring for their young. Then, in the blink of an eye, easily a relationship occurred between them. The Archangel took interest in this kind of phenomenon, so he took action. It is that easy to fall into an illicit relationship of love.

As a young, strong man, ask yourself, if you were in that situation with a pretty naked woman sitting on your lap, don't you think that you would experience the same temptation? (Yes.) As a man, in order to fulfill restoration through indemnity, no matter if a beautiful naked woman is in front of you touching your body, your love organ should not become erect. Rather, it should remain almost as if it were dead, without feeling. That is the action for indemnity. (5-4-97)

When you men and women embrace and touch, the woman's bosom touches the man's chest. God shows His romantic nature in the way He formed the shapes of men and women. The bosom of a woman extends outward while her sexual organs are inside. The man has a flat chest but his sexual organ extends outward. This is the balance of physical shapes. God is truly a romantic lover, a great scientist. We cannot deny God's existence once we observe the harmony and balance between men and women.

The breast of the woman is not only a symbol of love but also a source of life for her babies; through the breast, she feeds life to her child. The breast is large and rounded, but in the center the nipple is a different color. This illustrates God's dramatic character; He wanted to focus attention on that nipple, the central point. Perhaps you think this is a most amazing sermon you are hearing! When a man looks at a woman he naturally looks at her bosom — God made men that way and it is not bad. That is the most mysterious area to a man and his attention is naturally drawn to it. If a man has no such an urge or interest, that person is not really a man. (1-2-83)

One day in Washington, D.C., I saw a girl walking around on the street wearing only the bottom of her bikini. She had nothing on top. I'm sure she was thinking: I'm perfectly free; I'm at liberty to expose myself wherever I desire. So I will wear my topless bikini on the street in broad daylight." Nobody said anything to her; people were walking by her, trying not to stare. Amazingly, one Oriental man who happened to be Father Moon was so disgusted by this that I scolded her and made her feel ashamed. There are two ways to react to such an incident: one person would feel apathetic and say, "I don't care." The other person will feel deeply concerned and want to do something to stop it. Which kind of reaction is needed for a healthy society? Certainly the second one. I don't think that girl will go around in her topless bikini again.

I would like to see all Unification Church members reacting to their surroundings with a strong conscience not being apathetic at all. You must be people who care and who will work to build a healthy society. If a society continues to reject such efforts, it will eventually decline. (12-27-81)

Literally, what the Bible expresses as the serpent in the Garden of Eden, is the sexual organ. The snake gives poison. From a one time connection with the woman's sexual organ, the heavenly world was destroyed. One time. A snake slithers around and when someone comes too close, it strikes out, attacks, and that person is poisoned. Woman is so fearful of that snake mouth. That serpent symbolizes both sexual organs, man's and woman's. The organs that have poison. Once one bites the other, then that is the end. This is what the Fall of Man was about. But now this is the lineage which does not have that poison in it.

Father never sleeps before midnight, no matter how tired he is, and he never spends idle time. He always speaks to people about God; about the things which you have heard a million times before—still Father continues to speak. When everybody goes to Heaven, there will be a great competition for the best mouth. A great prize will be given to the greatest mouth in history. Whose mouth do you think will win, Confucius, Jesus, Mohammed, or Father Moon's mouth? You have to inherit that same tradition, as well. You should be constantly teaching and teaching, just as I do. (3-1-92)

Sun Myung Moon is perfect. His family and his followers are not perfect. We want to be supermen and superwomen but we fall short of the glory of God everyday. We are sick and need a doctor. The world is sick and needs us to be their doctors. What medicine do we give ourselves and others to make us well? How do we overcome our character flaws? How do we counsel others and where do we go when we need counseling? Sadly, people are fallen and we are afraid that we will be hurt if we open ourselves up to others about our secret sins. We are afraid we will be mistreated, given bad advice and will be betrayed. There are plenty of books and movies made that show the true stories of people. A daughter of a famous Hollywood actress wrote a book titled *Mommy Dearest* that was made into a movie which showed her mother as being neurotic and cruel. We don't want our children to write a *Mommy Dearest* or *Daddy Dearest* book about us. Unfortunately, we can't help but be less than perfect parents and many people deal with the bad habits and wounds they got from their incompetent parents. We are all a mixture of good and evil. We have shortcomings that hurt ourselves and others. Many people have addictions and go to support groups for everything from addictions to alcohol to food to sex.

We are doomed to struggle our entire life against the demons that invade our minds and push us to break our New Year's resolutions. We must understand that we cannot fight sin alone. Satan works to get us alone and then invade. We can't win the battle of the mind and heart with our will power. We need help. How do we organize the Unification Movement so that it is a place of healing and growth? How do we train the youth to be stronger than us and for each generation to be stronger than the previous? How do we end the battle of the sexes?

Many try to find help in self-help books and psychologists. There are many good ideas, practical strategies and tips from some "experts" on success and relationships we can use in our goal of achieving mind/body unity. The problem is finding good books and good people to help us. One of the best tactics for fighting temptation is to have a friend or friends that we can turn to in time of weakness. Joshua Harris and some other Christians teach the concept of accountability. Harris writes, "Share your struggle with someone else. Sharing your struggle with a parent or trusted Christian friend is one of the best ways to overcome [temptation]."

In an article on the web entitled, "Hold Me Accountable", we read:

How would you react to this encounter? One of your closest friends invites you to talk over a cup of coffee. "Friend," he says, "I've been struggling with a particular sin over the past couple months and it's bringing me down. I don't think I can shake it; not on my own. Would you hold me accountable in my fight against this sin?"

If you are like the vast majority of Christians, you don't know how you'd react because it has never happened to you. Odds are, though, the very thought of this encounter makes you uncomfortable. Why? Because sin is ugly. The very moment you accept that offer, a Christian brother (or sister) not only promises a continued exposure to his sin, but also you commit to him a revelation of your own heart, knowing fully what personal ugliness lies beneath the surface. The possibility of finding people out, and being found out yourself, is unnerving.

Pushing through these emotional challenges, however, is just the first obstacle to clear in establishing and maintaining a successful accountability group. Once you make it past the prospect of being held accountable, forming and continuing an accountability relationship provides several challenges. Questions arise. "With whom should I be accountable? Should I be accountable to someone of the opposite sex? Is there an alternative to this uncomfortable accountability? What happens when my initial enthusiasm wanes?" Successfully answering these questions will help determine whether an accountability relationship is right for you.

He goes on to say that we should not have an accountable partner be someone of the opposite sex who is not our husband or wife. What Christians do not know about is Father's concept of Trinities where 3 men and 3 women form a close bond in friendship and help each other. Because men are to be strong protectors of women it would be better for a man to share with his trinity brothers his struggles during rough times than burden his wife. She can also get help from her trinity sisters with her attempt to combat sin and seek encouragement. Even though a man's wife is his soul mate he should not take work home with him and make his wife nervous and fearful as he talks about the dragons he had to slay that day. In the military the leader does not want to show weakness to his followers. If he struggles he takes it higher. Rather than having a paid minister be the person who men go to for help they should live next door to their trusted trinity buddies and together they fight the good fight against the forces of darkness. Ideally young people will be able to turn to their parents to share their struggles and if their parents are not capable then they could go to an elder in the trinity who would help them be true to their core values. We shouldn't have to go to secular psychologists who do not understand evil spirit world and hopefully we shouldn't need to go to psychiatrists and get pills to help us out of depression. Let's make the Unification Movement a place of spiritual growth where no one gets hurt. Let's create trinities that will help us break bad habits and become the champions Father wants us to be: "Your goal is not me but God. You must become a champion who will move the heart of God and also touch the hearts of mankind." (10-1-97)

## MASTURBATION

On the Internet I found this by Mike Cleveland:

There is an untruth floating around Christian circles that masturbation is not a sin and that it is acceptable under certain circumstances. Some believe that masturbation is acceptable:

- \* For single people
- \* For married people who have to endure prolonged absences from their spouse
- \* As a preventative to the commitment of sexual crimes

Let me quote from an excellent book from Pure Life Ministries on the subject of masturbation called *Tearing Down The Walls Of Sexual Idolatry* by Steve Gallagher. This book is highly recommended for its commitment to the truth of Scripture, rather than to worldly principles. In fact, Pure Life Ministries considers their ministry to be "an alternative to psychology." They say, "Some of the leading Christian psychologists in the nation have said that masturbation is a normal function and unless carried on into marriage, usually proves to be harmless. I believe the reason that they have said this is to alleviate some of the guilt and condemnation associated with it. But you cannot condone something because it makes people feel guilty. It may be normal for fallen man, but that does not make it acceptable in the eyes of a holy God. Although masturbation is not specifically addressed in Scripture, the Bible gives us principles for leading a pure and holy life that clearly tells us that it is wrong.

**Proper Sex**—The first and most obvious reason that masturbation is wrong is because it goes against God's purpose for sex. Although our society has perverted sex to the extent that it has become a self-centered act, God created it to be a function of marriage. There is no room for sex outside of marriage! Worldly-minded teachers tell us though, that we have pent-up desires that must be 'relieved.' They say that God created us to need sex and would not expect us to go without it. What they do not realize is that sex is a desire that God gave us; not a need. People that have learned to walk in the Spirit have been overcoming these desires for thousands of years.

**Feeding The Flesh**—Another reason why masturbation is wrong is because it is another form of self-gratification. Throughout Scripture, self-gratification is denounced.

**Lustful Fantasy**—It is virtually impossible to masturbate without fantasizing. What would a person think about who is trying to achieve orgasm if not sex with some person? Paul admonishes us about our thinking when he says, "Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things" (Philippians 4:8-9).

Doorway To Other Sin—The last reason that masturbation is wrong is that it opens the door for the enemy to lead the person deeper into sin. . . Sin is never satisfied. It always demands more and more of the person. As God told Cain, ‘Sin is crouching at the door, and its desire is for you, but you must master it.’”

So, let us get practical on this subject. Many of us have children coming into puberty and we know they will masturbate. How do we converse with them on this topic? First, let us instruct them about the cross. I tell my son that Jesus Christ laid down His life for us, and He requires us to lay down our lives also. He presented His body as an offering to the Father and we can, by the power of the Holy Spirit, offer our bodies a living sacrifice. We talk about Jesus refusing to gratify His flesh when tempted by the devil, and that His flesh was nailed to a cross. In the same way we should count ourselves dead to sin. I talk plainly with him about the enslavement that masturbation will bring, if he were to offer the members of his body for sin. I tell him that the desires he has are given by God to experience pleasure in marriage, and to procreate, not for selfish reasons. He understands that to follow Christ masturbation is not an option. It makes it so much easier on him, when the temptation comes, to not even consider it as a possibility, rather than try to decide if this is a time it must be “controlled” or if can he give in to the desire.

Finally, let me finish with a testimony we received awhile back. It is from a gentleman in his last week of the Pure Freedom Course and he is now set free from slavery to masturbation. He writes this testimony:

My problems began when our youth pastor told me that the Bible does not mention masturbation, therefore God must not condemn it. He told us that as long as we were masturbating with thoughts of our future spouse then we were not sinning. My masturbation began slowly—only using it once a week or so. I felt guilty, like I was giving in to sin rather than denying the flesh, but my pastor said it was a helpful tool, and that it even prevented sex crimes when used correctly. Gullible as I was I believed him. I soon began discovering that offering the parts of my body to masturbation did not permanently decrease desire or relieve pressure—quite the opposite—the more I masturbated the more I enjoyed it and the more I engaged in it. I honestly do not know what happened—one day I had just finished masturbating along side a farm road, for the third time that day, when it dawned on me that I was a slave to masturbation. What started innocently, and with the full approval of a religious authority, trapped me into a vice that completely choked out all spiritual life in me. “Oh how I wish that pastor had preached the Word correctly, even if it would have made him less popular. I wish he had explained to me that unless I denied myself (not indulged myself) and took up my cross daily I would not be worthy to be His disciple. I wish he had told me about the principle of slavery—that we are slaves to whatever we offer ourselves to. I wish he had told me, plain and simple, that it is so much easier to totally and completely refuse masturbation—that it is not even an option for a Christian—than to attempt to “control it” and “only use it under certain circumstances.” If only he had not used that worn-out phrase “the Bible doesn’t mention it” and instead taught the principles of Scripture. I am not blaming him; my own deceptive heart loved hearing what he preached, and I am responsible for my own actions. I just wish I would have had a man of God who could have helped me learn to deny and crucify rather than rationalize and justify.

Another enrollment in The Freedom Course came in right as we were finishing this article. This 17-year-old young man writes:

“Every time I get the urge I can’t resist masturbation...I have tried to fight it for many years, and, although I have had a few temporary victories, I never completely defeated it. I desire to live all of my life for Christ, and this can’t be done until I defeat this fiend. I also want to remain pure for my future wife, and if I continue down this path I know that wish will not become true.”

Masturbation is a doorway to slavery! May God grant this young man freedom in Christ.

May God give us all grace to choose to please the Lord by offering our bodies a living sacrifice rather than pleasing ourselves through masturbation.

Grace,  
Mike Cleveland  
[www.settingcaptivesfree.com](http://www.settingcaptivesfree.com)

At his website [www.settingcaptivesfree.com](http://www.settingcaptivesfree.com) Mike writes:

#### PURITY PRECEDES POWER

Purity precedes power. Purity brings with it an uninterrupted flow of the presence and power of God. It is possible to be men of power. We are not necessarily talking about men who are successful in business, who drive luxury cars, and have memberships in country clubs (though it is not our intention to put them down). Instead, we are talking about men who are not continually knocked down by the forces of evil, men who live in obedience to God and in victory over habitual sin. Purity is God’s design for our lives, and He enables us to daily turn from sin and to walk in obedience to Christ. We are talking about men like John describes in 1 John 2:14: “I write to you, young men, because you are strong, and the word of God lives in you, and you have overcome the evil one.”

## NOBLE PURPOSES

2 Timothy 2:20-21 – the main requirement for good leadership, for being men of honor? It is purity! The passage states, “If a man cleanses himself...he will be an instrument of noble (or honorable) purposes.”

It is when we purposefully set out to remove impurity from our hearts and lives that we are able to effectively love others fervently. Men who rid their lives of pornography, adultery, self-gratification, drunkenness, drugs, overeating, etc. are able to be conduits for the love of God, which fills their hearts and is able to flow, unrestricted, out to others.

A well-known Christian book on sex is *The Act of Marriage: The Beauty of Sexual Love* by Tim and Beverly LaHaye who write that, “God designed our sex organs for our enjoyment.” To the question “Is it wrong for a Christian to masturbate?” they write:

There is probably no more controversial question in the field of sex than this. A few years ago every Christian would have given an unqualified yes, but that was before the sexual revolution and before doctors declared that the practice is not harmful to health.

Unfortunately the Bible is silent on this subject; therefore it is dangerous to be dogmatic. Although we are sympathetic with those who removed the time-honored taboos against the practice, we would like to suggest the following reasons why we do not feel it is an acceptable practice:

1. Fantasizing and lustful thinking are usually involved in masturbation, and the Bible clearly condemns such thoughts. (Matt. 5:28)
2. Guilt is a nearly universal aftermath of masturbation unless one has been brainwashed by the humanistic philosophy that does not believe in a God-given conscience or, in many cases, right and wrong.
3. It defrauds a wife.
4. It violates I Corinthians 7:9: “For it is better to marry than burn.” If a young man practices masturbation, it tends to nullify a necessary and important motivation for marriage.

What if a man marries and his wife dies or divorces him and he never remarries. Is he doomed to “burn”? The LaHayes seem to contradict themselves by saying:

God designed man to be the aggressor, provider, and leader of his family. Somehow that is tied to his sex drive. The woman who resents her husband’s sex drive while enjoying his aggressive leadership had better face the fact that she cannot have one without the other.

... Since it is possible for a man to have two to five ejaculations a day, depending on his age, it is obvious that his reproductive system manufactures a supply of semen and many millions of tiny sperm daily. If unreleased through coitus, this can be very frustrating to his mental and physical well-being. One writer has said, “A normal and healthy man has a semen build-up every 42 to 78 hours that produces a pressure that needs to be released.

They may not have intended it but the only conclusion is that if men are not able for whatever reason to have coitus then they would have to masturbate for their “mental and physical well-being.” The “pressure” has to be “released.” Apparently women do not have this physical pressure. There are many views on this subject. Joshua Harris gives his views in his very good book on purity *Not Even a Hint: Guarding Your Heart Against Lust*. He has an excellent chapter on masturbation. He has even put the entire chapter titled “Masturbation—Self-Centered Sex” at the Web site [www.notevenahint.info](http://www.notevenahint.info). I recommend every father have his son read it.

Harris is the author of *I Kissed Dating Goodbye*. I highly recommend that every family watch his *I Kissed Dating Goodbye video series* formerly titled *Searching for True Love*. It is three excellent videos on sexual purity. Your library might have them. Mine does.

I don’t know if a boy or man is fighting biology if he abstains from masturbation. So far I haven’t found enough scientific evidence to suggest that it is physically necessary for males to regularly “release” built-up tension. Those who say they should usually recommend that the person not look at pornography and think of neutral things or think of their present or future wife when they do it. Should males feel guilt, shame and condemnation? Some write that if it happens every other week then no problem but if it is “compulsive” or every day then there is a problem. The solution? I have read articles and in books a variety of suggestions. James Dobson is an influential and best-selling Christian author and speaker who says it is normal and therefore OK. He would argue against those who are strict as being legalistic and unrealistic.

One person on the Web wrote, “Masturbation is virtually always closely connected with lustful thought life. It is not healthy because it impedes spiritual growth.” Another wrote, “Masturbation is ‘encouraged’ as normal and healthy by a majority of educators and secular leaders today definitely does not mean that the majority viewpoint is the correct one.” Some will argue that it is impossible for men to not fantasize and therefore are breaking one of the 10 Commandments that says men are not to covet their neighbor’s wives. Since every girl and woman is destined to be married then thinking about any other woman than one’s wife is breaking the 10th Commandment.

There are many arguments for and against masturbation in books, sermons and articles. I can't go into all the arguments in this book. I am considering writing a book focusing on purity. At this point I am thinking of giving it the title *Purity Precedes Power*. In future editions of this book I may write more or I may put more about this subject on my website. I don't think a book or DVD with the word "masturbation" in the title is good because some would feel embarrassed or uneasy carrying it around.

Ultimately Unificationists need to write in depth on all issues of life. One person I read calls masturbation the "silent sin." Some counselors have experienced men living a life of agony into old age. Some day there will be books and DVDs in every library that give God's point of view on every subject that will be 100% true and presented in a persuasive and clear manner. When parents want to discuss sex with their children shouldn't they have excellent books and DVDs to share with their children that precisely and plainly answers their questions and gives them the knowledge they need to live a principled life and therefore live a happy and productive life?

At the writing of this edition of this book I cannot go to my public library or go to Amazon.com or other booksellers and get a book or DVD on every aspect of life that will tell me exactly what I am supposed to do and what I am to teach others. This is the number one responsibility of Unificationists. I don't believe we can trust that someone or a committee at some so-called headquarters will do it for us. This must come from grassroots. I call upon Unificationists to not look to others to write and make DVDs on the meaning of life. Let's encourage the average Unificationist to make educational materials for his or her children and for others.

The UM has had a headquarters in America for over 50 years and there is no official statement about masturbation or much about anything else for that matter. Video has been around for 25 years and yet at the printing of this book you cannot buy a video at the UM's bookstore online. Those videos that have been made are so poorly done that no one would want to show them to others. Headquarters has spent many millions of dollars in America over 50 years and yet there is not one *Divine Principle* video and no videos on how to live a principled life. There is no curriculum for students to study that answers the fundamental questions of life. This is a disgrace. Father has asked UM leaders to make videos many times but they will not make them. They will not even make DVDs of Father speaking from the thousands of hours of video that they control. Why can't I buy a video to put into my local library of Father's speech he gave on his 50 state tour of America?

The Unification Movement is not alone in this lack of ability to teach God's vision. I can't go to my local library and check out DVDs by the Catholic and Protestant denominations that will tell me in professionally made DVDs just what they think about the many aspects of life. The Roman Catholic Church has an official policy of being against masturbation but there is no DVD that I know of explaining their views on this that the average person can check out at the library or buy at a Barnes and Noble bookstore. Meanwhile Satan has entire buildings in many towns that have hundreds and in some cases thousands of videos of pornography. Millions of men spend billions of dollars on DVDs every year that persuasively show Satan's lifestyle. You can watch thousands of videos of men and women fornicating for free online. Where are the thousands of videos on sexual purity that you can see for free online and you can buy? Why aren't there millions of men stopping in at churches to pick up videos on purity? Why is Blockbuster renting millions of DVDs that show movie stars showing their breasts and not one DVD for rent on God's view of modesty? This is a massive failure of church headquarters.

It is imperative that godly men forget depending on their church's headquarters to spend the millions of dollars they have to create educational materials that can compete with Hollywood's millions of dollars. Take personal responsibility and do it yourself or band with others and make DVDs that outsell the tens of thousands of Satan's videos. This is our number one duty. We are called to witness God's plan for world peace. This begins with teaching each person how to have peace of mind. Masturbating does not give peace of mind. Men desperately need DVDs to teach them and inspire them to be more powerful than movie stars and porn stars. I plan on making DVDs. You should too.

We need many different expressions of the *Divine Principle* and the divine principles of life. I am contributing mine and I hope I inspire you to write and produce yours or encourage you to support the efforts of other Unificationists who are using their creativity to make books and DVDs that teach the truth that will save people from the painful addictions and lifestyle that Satan champions.

One person wrote the following review of the book *Not Even a Hint*, by Joshua Harris, "Lust isn't just a guy problem—it's a human problem. And unless we're willing to honestly confront it, lust will destroy our relationships and our lives. Joshua Harris, author of the runaway bestseller *I Kissed Dating Goodbye*, isn't afraid to tackle a subject many keep quiet. In *Not Even a Hint*, he calls a generation bombarded with pornography and images of sexual sin back to God's standards and the freedom and joy of holiness. Straightforward about sexual sin without being graphic, this 'PG-rated' book will speak to the person deeply entrenched in lust, as well as to those just flirting with temptation. Honestly sharing his own struggles, Harris exposes the tactics of lust in the heart and shows how to create a personal and practical plan for fighting back. Men and

women will find hope in God's grace and learn the secrets to lasting change." Unificationists need to write definitive books about God's absolute values like Joshua Harris has done.

One person wrote an excellent article on the Web ([www.ldolphin.org/Mast.shtml](http://www.ldolphin.org/Mast.shtml)). It is a long article and I haven't the space to quote it all but here are a few paragraphs. I encourage you to read the entire article. He writes:

#### Masturbation And The Bible

by Lambert Dolphin

A person who struggles with masturbation is often too ashamed to talk about it with anyone. Yet it is important to realize that because shameful acts work in secrecy, their power can only be broken when they are brought to light. Certainly sharing one's burdens and inner feelings with a mentor or pastor can be painful, but this is the only recourse for anyone who wants to become truly free.

People may struggle with masturbation right to the end of their lives. I have counseled men in their eighties who still have not found freedom from it. The question arises whether there is anything one can do to be rid of this curse. My advice to those enslaved to masturbation is to seek strength through prayer. You will not conquer your addiction by will power alone. Before you go to bed at night, turn your thoughts to God and read something of an inner, spiritual nature. Even then the temptation to masturbate can arise. When that happens, find something to take your mind off it — get out of bed and take a walk, or do some household chore. Often a simple activity provides the best means to overcome these strong temptations.

Frequently enslavement to masturbation is connected to another form of bondage: pornography. Very few people will admit an addiction to pornography, but the fact that it is a steadily growing billion-dollar industry shows how widespread it is, also among "Christians."

At a website for The Church of Jesus Christ of Latter-day Saints they write:

#### Self-abuse

Masturbation, a rather common indiscretion, is not approved of the Lord nor of his church, regardless of what may have been said by others whose "norms" are lower. Latter-day Saints are urged to avoid this practice. Anyone fettered by this weakness should abandon the habit before he goes on a mission or receives the holy priesthood or goes in the temple for his blessings.

Masturbation is more of a problem for men because they are hunters who are visually oriented. Women normally do not fanaticize like men do. Every man needs to direct his sexual energy to his wife and direct the rest of his energy to providing, protecting and leading his family. There is a movie that has a great line about this. There is a scene where two married men are talking to each other. One of the characters was a philanderer and his friend told him that he was not into looking and pursuing other women because he had "bagged his limit."

At the official Mormon website they have articles on being sexually pure. Here are a few excerpts from one titled "President Kimball Speaks Out on Morality":

The early apostles and prophets mention numerous sins that were reprehensible to them. Many of them were sexual sins—adultery, being without natural affection, lustfulness, infidelity, incontinence, filthy communications, impurity, inordinate affection, fornication. They included all sexual relations outside marriage—petting, sex perversion, masturbation, and preoccupation with sex in one's thoughts and talking. Included are every hidden and secret sin and all unholy and impure thoughts and practices. One of the worst of these is incest. The dictionary defines incest as "sexual intercourse between persons so closely related that they are forbidden by law to marry." The spirituality of one's life may be severely, and sometimes irreparably, damaged by such an ugly sin. The First Presidency and the Quorum of the Twelve have determined that the penalty for incest shall be excommunication.

#### INCEST

Father speaks out strongly against incest. One the most important events in human history was the coronation of God. In his speech titled "The Coronation Ceremony of the Kingship of God" he said, "Incest, illicit love relationships and all such problems stem from this confusion and chaos. Grandfather and granddaughter, grandfather and daughter-in-law, etc.... These incestuous relationships occur because people revolve around without knowing their center, and consequently they catch and consume one another. In this era of confusion, of great chaos and family-level confusion, whether of immediate family or relatives, everyone revolves around randomly to hook up with one another without any order...."

Father says:

Satan made this enormous complication of love. Man made it bad and woman retaliated and made it worse. Ethics, with a very weak muscle, tried to slow down the decline. But then along came free sex. Who made that happen? (Man.) But man has been involved in free sex all the time. Take American soldiers. Wherever they went, they lived with other women. This brings animosity, so now in order to defend themselves, they say "let's have free sex." Satan has no other way. So now that you have seen it for a few decades, is anyone satisfied with it? Can any woman or man say that it's a good idea? Free sex has even evolved into incest and relationships between grandfathers and granddaughters. Of course they feel guilty, but then they say, "Do not feel guilty." When different colors of water come together, it becomes dirty.

With free sex are men or women comfortable? Is free sex practiced by age group? No; the inclination is to cross age groups. The old attack the young, even the infant is not safe. It is the grandparents' responsibility to see to the welfare of their offspring. For those who practice free sex, do they want free sex with another who has had many sexual experiences or one who is pure? (Pure). We see that they look to the younger. This is worse than the animals. Professors and teachers always look at their students. Can any concept of family exist here? This is exactly what Satan wants. Does God love that? God hates that the most. Who sobs more because of love, men or women? (Women.) What are we going to do about that? Can the President of the country do anything? This President [Bill Clinton] does not look to be strong in that regard. Religious leaders in America make the same mistake. Who will repair this? Is this normal or sick? It's very sick, sick, sick. Everyone is affected by this."

He teaches that when a man tries to overcome his fallen nature Satan attacks by sending a "beautiful woman" to bring him to ruin. Unificationists who work to help True Parents are prime targets for Satan. We must always be on guard against evil spirit world sending us temptations. Father says, "Now people lost Heaven, religion, the world, nation, society and the family. They deny grandparents, parents, husband and wife, and children. They deny God and religion. Men and women all fell to the isolated individual position of a fallen archangel. No matter how much they desire, train or resolve to do so, they cannot overcome lust. Therefore, when someone attempts to achieve perfection, Satan will attempt spiritually to make him fall. A beautiful woman will appear and ask him to embrace her. If he surrenders and embraces her, it is over. Centering on love, life and death divide. Unless they have spiritual experience, people do not know how deep this problem is. Our body is the stage of Satan. To restore this stage to the ideal position, God worked and experienced disappointment over and over. Therefore it has taken thousands of years." (1-13-01)

The most powerful book in human history has been the Bible. It often teaches the virtue of sexual purity. There are many powerful passages explaining how God wants us to fight Satan's enticing temptations to fall and enjoy the wonderful world of pure sex. For example, in Proverbs 5 we are given the wise advice from Father to son that men should not go near girls and women who believe in free sex or prostitutes who believe in paid sex: "My son, pay attention to my wisdom, listen well to my words of insight. ... the lips of an adulteress drip honey, and her speech is smoother than oil; but in the end she is bitter as gall, sharp as a double-edged sword. Her feet go down to death; her steps lead straight to the grave. She gives no thought to the way of life; her paths are crooked, but she knows it not." This is poetic language saying men should stay away from loose women.

We read, "Do not go near the door of her house, lest you give your best strength to others." In other words, a man will lose strength and become weak if he indulges in illicit sex. A man will lose his wealth and feel sad if he does not listen to sound advice on being sexually disciplined: "strangers feast on your wealth and your toil enrich another man's house. At the end of your life you will groan, when your flesh and body are spent. You will say, 'How I hated discipline! How my heart spurned correction! I would not obey my teachers or listen to my instructors.'" The Bible, like Father, speaks bluntly saying that a man should be satisfied with his wife's breasts and not break the tenth commandment in the Ten Commandments that commands a man to not covet another man's wife. Since every girl and woman is destined to have a husband then that means a man should not lust after any woman because she is someone's wife. Proverbs 5 poetically calls a wife a deer and says, "A loving doe, a graceful deer—may her breasts satisfy you always, may you ever be captivated by her love. Why be captivated, my son, by an adulteress? Why embrace the bosom of another man's wife?"

This means that men should not look at pornography, go to topless bars and fantasize about other women's breasts. He should never compare his wife's breasts or anything else about her to other women. And a woman should not compare her husband to other men. The Bible wisely teaches that we must be satisfied with our mate. It would be best for young people to marry in their teens. One reason there is so much premarital sex is because so many wait too long to marry. Proverbs 5 says, "May you rejoice in the wife of your youth." We can also read into this that God's plan is for every single man to rejoice in having a wife. There are no exceptions for homosexuality. God made the universe to be a pair system of plus and minus and masculine and feminine. If you have any temptation to violate this common sense law of the universe and want to be a homosexual please pray and seek help if necessary. Eventually every human being who has ever lived and will live will have a mate of the opposite sex who will be their soul mate forever. When we are tempted to break God's rule because Satan puts a beautiful temptation in front of us we must love the spirit more than the flesh. We must focus on our love of our values and not let our emotions rule us like it did Adam and Eve. When you are tempted think about your values, your goals and know that God is

watching you and wants to give you the highest happiness. Father has pioneered total strength of character. Follow his example and not those lost souls in Hollywood.

## WOMEN SHOULD NOT WEAR SHORTS

The elder sister who speaks for Dae Mo Nim teaches “Let’s be dressed properly and neatly. (Satan likes navel-exposing T-shirts sexually revealing clothing, etc., so don’t wear such things.)” She says that boys and men should not have long hair: “Always keep your hair neat, in other words, clean and short.” To girls and women she says they are to never wear shorts: “Don’t wear T-shirts that expose your navel. Don’t have your nails grow long. Don’t wear short pants. Avoid things Satan likes. If you want to make Satan run away when he sees you, you have to appear clean and pure.” If girls and women are not to wear shorts then that means they should not wear dresses above the knee and they should not wear swim suits in public. I write more about dress code in my book *Dress Code for Witnessing*.

Proverbs 5 ends saying, “For a man’s ways are in full view of the Lord, and he examines all his paths.” This means God is watching you all the time and knows which path you are walking down. “The evil deeds of a wicked man ensnare him; the cords of his sin hold him fast.” When we sin we are enslaved. “He will die for lack of discipline, led astray by his own great folly.” Many have died spiritually and emotionally because they lack discipline. The “folly” and foolishness of millions of people have even led to physical death from such diseases as AIDS. If you are reading this and are single please understand that God is watching you and loves you and does not want you to have an unhappy life. Look for your soul mate and be loyal when you marry. If you are a virgin keep your purity. If you are not, resolve to never fall again. Don’t waste any time thinking about former lovers. If you are married focus on your mate. Don’t think sexually about anyone else. If you are widowed or in a situation where you have to wait to be with your spouse later, please be strong and patient. Get busy serving other people and don’t have a pity party.

We are in a fierce cultural war because we are in the Last Days. In the *Divine Principle* we learn that Satan rules this world and when the Messiah returns Satan will unleash his deadliest lies and work through his champions to thwart the Lord of the Second Advent. Since 1920 America has listened to the voices of Satan’s ambassadors. God’s ambassadors have lost the cultural war. Satan’s central figures and their books rule America. We should pity, not lust after, Hollywood stars, nudists and feminists who do not understand modesty.

There are many books, writings and videos by the Cain side. The most famous and influential man would be Hugh Hefner, the founder of *Playboy* magazine and his ideology of nudity and fornication is called “The Playboy Philosophy”. The most influential woman on the Cain side is probably Betty Friedan. Gloria Steinem and Helen Gurley Brown are also famous in advancing Satan’s terrible sexual revolution. Friedan’s book, *The Feminine Mystique*, was written in the early 1960s just as the wonderful book *Fascinating Womanhood* by Helen Andelin was introduced in the early 60s. Betty’s book won the debate. America embraced Friedan’s core values instead of the true family values in Andelin’s book. The tragic result was that America became a Sodom and Gomorrah. Hugh Hefner and Betty Friedan are divorced and Steinem is barren. Helen Andelin and her husband built a magnificent family. We reap what we sow.

There are good books on the Abel side for purity but very few know of them and most people would not be interested in them. When the Cain side reviews these books they always call the authors “dangerous” and “unrealistic.” Two of my favorite authors are a Mormon couple whose books on purity and traditional family values have revolutionized my life. They are Aubrey and Helen Andelin. They champion biblical values of morality and family. Hefner, Friedan and Steinem hate the Bible. The Abel side loves the Bible. This is the core division between Cain and Abel. The Andelin’s have many children and grandchildren. Their ideology works. Their opposition’s ideology does not work. I encourage you to study Abel books that give God’s core values such as Aubrey Andelin’s *Man of Steel and Velvet*, Helen Andelin’s *Fascinating Womanhood*, and books by Joshua Harris. Their books are must reading.

I challenge every Unificationist to be 100% sexually pure.

